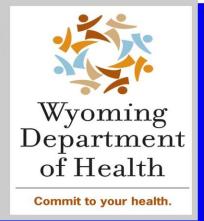
# Developmental Disabilities Division



## Acquired Brain Injury

## Home and Community Based Waiver Program

An Application Resource Guide to help individuals with an Acquired Brain Injury access Services through the Developmental Disabilities Division

**July 2009** 

Developmental Disabilities Division

#### **Table of Contents**

Application Checklist	3
Introduction	4
Developmental Disabilities Contact Information	4
Waiver Application	5
Clinical and Financial Eligibility	6,7
Choosing a Case Manager	8
What happens after a Case Manager is chosen?	9
Description of Services	11
Roles and Responsibilities	15
Glossary	18
List of Resources	20

#### **Application Checklist**

Task Date Received or Completed:

	rask	or Completed.
1.	Area Resource Specialist (ARS) is contacted by person/guardian,	
	advocate or other agency representative requesting the waiver	
	services.	
2.	Area Resource Specialist meets with person/guardian requesting	
	waiver services	
3.	Person/guardian requesting waiver services completes application and	
٠.	sends to Developmental Disabilities Division (DDD). (If this has not	
	already been done.)	
4.	Person/guardian requesting waiver services is given the Case Manager	
т.	Selection form and choice list by the Area Resource Specialist.	
5.	Person/guardian requesting waiver services interviews Case Manager.	
٥.	The Area Resource Specialist can help with this process.	
6.	The Case Manager Selection form is completed by the Case Manager	
ο.		
	and the applicant and/or the legal entity and then sent to the local Area	
_	Resource Specialist.	
7.	The Case Manager will complete the Level of Care and assists the	
	applicant or guardian to gather medical documentation of the brain	
	injury. These are sent to the Waiver Specialist in Cheyenne for review	
	of eligibility.	
8.	After the Case Manager receives notification the applicant meets the	
	medical definition, the Case Manager work with you to make an	
	appointment for the neuropsychological evaluation.	
	Date of appointment:	
	Name of licensed neuropsychologist:	
9.	The neuropsychological evaluation is completed. A licensed doctor of	
	neuropsychology must complete the neuropsychological evaluation for	
	this waiver application.	
10.	When the neuropsychological evaluation is completed, the Case	
	Manager completes the Inventory of Client and Agency Planning	
	(ICAP) checklist and submits it and the neuropsychological evaluation	
	to the Division.	
11.	The ICAP is completed through Developmental Disabilities Division if	
	the neuropsychological evaluation indicates the applicant meets the	
	scoring criteria for an acquired brain injury.	
12.	Developmental Disabilities Division reviews for clinical eligibility. You	
	will receive one of three letters: eligible, denial or waiting list. The	
	Case Manager will receive a copy of this letter.	
13.	If a funding letter has been received, the Case Manager works with the	
-	family/applicant to make an appointment with Department of Family	
	Services for financial eligibility. A copy of the Funding letter and a copy	
	of the Level of Care must be submitted to the Department of Family	
	Services during this appointment. The Plan of care cannot be	
	approved until the Department of Family Services has determined	
	financial eligibility.	
14.	The Area Resource Specialist will contact you to complete an initial IPC	
.7.	meeting training.	
15.	Interview potential providers for availability and compatibility.	
16.	The Case Manager will schedule a team meeting with the Area	
10.		
	Resource Specialist, providers, family and anyone else you would like	
17.	to invite, to develop the Individual Plan of Care	
1/	Start date of services.	

#### **Getting Started**

#### Introduction

(The underlined words can be found in the glossary at the end of this book)

The state of Wyoming provides services for individuals with acquired brain injuries from a variety of agencies. Department of Family Services and Department of Vocational Rehabilitation may have some services you could benefit from. If you are working, you may be eligible to "buy in" to Medicaid coverage through the Employed Individuals with Disabilities program. Contact The Department of Family Services for further information. Many individuals also receive services through the Developmental Disabilities Acquired Brain Injury waiver and a very small minority may receive services through the Wyoming Life Resource Center, an ICF/MR institution.

#### What is the <u>Acquired Brain Injury</u> Adult Waiver?

Waivers are programs that <u>waive</u> certain restrictions of the Wyoming State Medicaid Plan to allow the state to fund additional <u>services</u> not covered by the Medicaid state plan, in a person's local community. The goals of these services are to support you in your own community and to avoid the need for residential institutional care.

#### Where can I find information and forms required for applying for the Acquired Brain Injury Waiver?

#### **Division Contact Information**

Counties Served	Contact Information
Star Valley Area, Uinta, Lincoln, Kemmerer, Sweetwater,	307-789-0618
Fremont, Teton, Sublette	307-856-4648
Campbell, Crook, Sheridan, Johnson	307-684-7632
Converse, Natrona,	307-234-6439
Weston, Niobrara, Carbon, Albany, Platte, Goshen	307-534-4658
Laramie	307-777-3529
Big Horn, Hot Springs, Park, Washakie	307-527-4181
Statewide Contacts	
Deputy Administrator	307-777-8763
Adult Waiver Manager	307-777-5660
Children/ABI Manager	307-777-3321
Area Resource Specialist Manager	307-777-6775
Survey/Certification Manager	307-777-8761
OR	
307-777-7115 or 1-800-510-0280	

#### SAMPLE

### APPLICATION FOR SERVICES: INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES OR ACQUIRED BRAIN INJURY

Date:			Ďev		Disabilities Ac Disabilities Ch		
To: Division Personnel					njury Adult W		
Please consider this letter as a re	oquest to accor	ee eonicoe	for any	around sorvic	os from the I	Dovolopmontal	
Disabilities Division, for an individual related condition.							
Name of Person Needing Service	es:						
SSN:	DOB:	/	_/	Phone	e:		
Physical Address:			N	Mailing Addre	ess:		_
City Emergency contact:	State	·	Δ.	d due e e .	City	·	_
Name: Phone:			A	aaress:			
Is this person currently in any typ Resource Center, the Wyoming E etc.? YES ☐ NO ☐							
Facility Name:		Antic	ipated E	Exit Date: _			-
Please fill out the following section a legal, court-appointed guardian			under 1	8 years of a	ge or the per	son above has	
Name of Parent(s)/Legal Guardia Address:		Phone	e:				
City:	Sta						
Is this person a legal court-appoi	nted guardian	(full or limit	ed)?	YES NO	0 🗆		
I am interested in the Wyoming L	ife Resource (	Center and	would I	ike more info	ormation. <b>YE</b>	:S□ NO□	
The signature of the person need years of age or the legal guardian					ın if the perso	on is under 18	
Signature:							
For DD and ABI Waivers, please	mail this form	to:					

Area Resource Specialist label

For questions about the DD and ABI Waivers, or local ARS phone number please call: 307-777-7115 or 800-510-0280

(Revised: 11/01/2003, 11/17/05, 02/06, 05/06, 09/07, 07/09)

#### What happens after I send the application into Developmental Disabilities Division?

You will receive an Application Acknowledgement letter from the Developmental Disabilities Division. The next step is to choose a Case Manager and complete the "Case Manager Selection" form.

#### What is clinical eligibility?

To meet clinical and financial eligibility you must meet the following:

- 1. Be a United States Citizen and Wyoming resident
- 2. Be between the ages of 21-64
- 3. Meet the Level of Care criteria
- 4. Have an Acquired Brain Injury
  - Any combination of focal and diffuse central nervous system dysfunction.
     Both immediate and/or delayed, at the brain stem level and above.
  - These dysfunctions are acquired through the interaction of any external forces and the body, oxygen deprivation, infection, toxicity, surgery and vascular disorders not associated with aging.
  - It is an injury to the brain that has occurred since birth.
  - It may have been caused by an external physical force or by a metabolic disorder(s).
  - The term acquired brain injury includes traumatic brain injuries such as open
    or closed head injuries and nontraumatic brain injuries such as those caused
    by strokes, tumors, infectious diseases (e.g. encephalitis or meningitis),
    hypoxic injuries (e.g. asphyxiation, near drowning, anesthetic incidents, or
    severe blood loss), metabolic disorders (e.g. insulin shock or liver or kidney
    disease), and toxic products taken into the body through inhalation or
    ingestion.
  - The term does not include brain injuries that are <u>congenital</u> or brain injuries induced by birth trauma.
  - These dysfunctions are not developmental or degenerative.
    - A medical team will review the medical documentation i.e. medical discharge summary, neurological report, etc, from the time of the injury/incident, to determine if medical documentation meets the requirements of the Acquired Brain Injury Waiver.
- 5. Have acceptable scores on any of the following tests from the neuropsychological and other evaluations
  - Mayo Portland Adaptability Inventory (MPAI) score of 42 or more
  - California Verbal Learning Test II, Trials 1-5, T Score or 40 or less
  - Supervision Rating Scale of 4 or more Inventory for Client and Agency Planning (ICAP) Service Score of 70 or less

- 6. Meet the **general** guidelines for financial eligibility, effective Jan 1, 2009 Contact the Local DFS office if you have any questions
  An individual cannot not have more than \$2020 in gross monthly income.
  Assets include real and personal property that an individual owns. Some assets are not counted in the limit, such as but not limited to:
  - One (1) home may be excluded if the value is less than \$500,000 and it is the individual's primary place of residence.
  - One (1) Vehicle may be excluded.

Must meet asset guidelines:

- Individual \$2,000.
- Couple \$3,000, when both are applying.
- Couple \$109,560 when one is applying.

The staff of the Department of Family Services will discuss eligibility before an individual begins the eligibility process if desired. However, they cannot complete a formal resource assessment until the individual has met clinical eligibility and has been notified by the Developmental Disabilities Division that a funding opportunity is available.

#### Do you have to choose a Case Manager?

Yes! But you have the right to choose (informed choice) among any enrolled provider available on the Acquired Brain Injury Waiver program. It is your responsibility to set up interviews and select providers.

#### How do you choose?

Your Area Resource Specialist (ARS) will give you a list of Case Managers who work in your area. The Case Manager is the first provider you will choose.

When you are going through the eligibility process, your Case Manger will be providing you with Targeted Case Management. The Case Manager should be checking with you, assisting you with the application process by helping you gather medical information, initiating the neuropsychological evaluation, and completing the Inventory for Client and Agency Planning (ICAP) Checklist. The case manager will also be helping you identify other services you may qualify for while you are going through the eligibility process and if you are eligible but still waiting for services.

If you are eligible for waiver services, the Case Manager will be providing you with Case management services. The Case manager is responsible for the plan of care, home visits, scheduling meetings, completing paperwork that is both accurate and timely and monitoring services. The Case Manager is required to visit your home at least once a month. It is important you choose a Case Manager who will meet your needs.

When you interview a potential Case Manager, here are some ideas of questions you
may want to ask. You may ask the Case Manager any questions that you feel are
important.

Do you have any openings?

If I were to pick you as my case manager how soon would we be able to start this process?

How much case management experience do you have?

Do you have experience working with persons with disabilities? How much?

How much time per week do you typically spend doing case management?

Will you be able to meet me at times that are convenient to me?

Do you have specific office hours?

Discuss what professionalism means to you?

Do you communicate well?

Are you willing to take time to listen to me?

If a funding opportunity is made available to me today would you be available to provide Case management services?

Date	Case Manager Contacted	Notes

#### How often can you change providers?

You can change your Case Manager, when scheduling your 6 month or annual IPC meeting.

For a more complete description of the procedure please contact your local Area Resource Specialist. [refer to page 6]

If you would like to change other services, contact and work with your Case Manager and he/she will help you.

- Case Management is a stand alone service. A participant [or guardian, if applicable] may choose any case manager and cannot be expected or required to receive any other service from that provider.
- What happens after I choose a case manager?
- 1. Your case manager will interview you and complete a level of care form to evaluate if you meet the criteria of institutional care.
- 2. This level of care form along with the medical documentation of the brain injury will be sent to the Division for potential eligibility assessment.
- 3. If you are potentially eligible, your case manager will assist you in gathering the required information and scheduling the required assessments
- 4. If you meet the criteria for the ICF/MR level of care and the medical definition of an Acquired Brain Injury Waiver, then a neuropsychological evaluation can be scheduled after the Case Manager is notified. The neuropsychological evaluation includes a specific battery of tests, which will help determine clinical eligibility. The Case Manager will help you set up an appointment.
- 5. The Inventory for Client and Agency Planning (ICAP) is an assessment that is also required when applying for the Acquired Brain Injury Waiver. The Inventory for Client and Agency Planning (ICAP) is a 16-page booklet that assesses adaptive (things you do well) and maladaptive (inadequate) behaviors. It also gathers additional information to determine the type and amount of special assistance that you may need. The Inventory for Client and Agency Planning (ICAP) assessment includes an interview process that will include people who know the applicant well. The Case Manager is responsible for working with you to identify friends, family members and/or teachers who know you well, can give current information, and are willing to be interviewed.

Your case manager should also be helping you using Targeted Case Management services. These services include:

- 1. Assist you in getting necessary documentation, such as medical records, neuropsychological assessments, etc. to enable DDD to determine eligibility.
- 2. Working with you and/or service providers to secure access to services.
- 3. Helping you make arrangements for initial appointments for individuals with service providers and informing individuals of services available.
- 4. Advocate for individuals for the purpose of accessing needed services.
- 5. Crisis intervention and stabilization are provided in situations requiring immediate attention/resolution.
- 6. Assist you with linking to other available resources



#### What happens if I am <u>eligible</u> for services?

- 1. You will receive a letter from Developmental Disabilities Division stating you are clinically eligible for services and whether or not funding is available.
- 2. If funding is not available you will be placed on a waiting list.
- 3. When funding becomes available you and your Case Manager will receive a funding letter. This letter will indicate what your Individually Budgeted Amount (IBA) will be. The Developmental Disabilities Division does not determine financial eligibility; the <u>Department of Family Services</u> determines this.
- 4. Your Case Manager will work with you or your family to make an appointment with the Department of Family Services (DFS) for financial eligibility. A copy of the funding letter and a copy of the Level of Care must be submitted to Department of Family Services during this appointment. Remember you can make an appointment with DFS for an informal review of financial eligibility at any time in the eligibility process. This is a good idea if you have concerns that you and your family may have too many assets to be eligible for services.
- 5. You can **NOT** receive services until you meet both clinical and financial eligibility and funding is available.
- 6. Once you have an approved plan of care, you will also be eligible for Medicaid coverage, if you are not already on Medicaid.

#### • What happens if I meet both clinical and financial eligibility and funding is available?

- 1. You will need to meet with the Area Resource Specialist to complete the initial IPC meeting training.
- 2. You will need to interview potential providers for availability and compatibility (a list of providers will be given to you by your Case Manager).
- 3. A team meeting will be scheduled by you, your Case Manager, Area Resource Specialist, and team to develop your <u>plan of care</u>.
- What happens if I meet clinical eligibility, funding is not available, and I am
  put on a waiting list? If you are eligible for services but funding is not
  available your case manager should continue to provide Targeted Case
  Management services for you during the time you are on the waiting list. These
  services include:
  - 1. Advocate for individuals for the purpose of accessing needed services
  - 2. Crisis intervention and stabilization are provided in situations requiring immediate attention/resolution.
  - 3. Assist you with linking to other available resources

There is no set timeframe for available funding. If you have questions about where you are on the waiting list, call the Acquired Brain Injury Waiver Manager in the Cheyenne office.

#### What happens if I am not eligible for services?

- 1. The Developmental Disabilities Division will make the final determination of whether or not an applicant is clinically eligible. The Developmental Disabilities Division is the only entity that can determine clinical eligibility.
- 2. The Developmental Disabilities Division will notify you in writing if you do not meet eligibility. A copy of this letter will be sent to your Case Manager.
- 3. Wyoming Medicaid Rules state that if you disagree with this denial, you may request an administrative hearing from the Wyoming Department of Health, Developmental Disabilities Division. Your request <u>must</u> be in writing and <u>must</u> identify with the reasons for your request and the issues to be raised at the hearing. The written request must be submitted within 30 days of the date of this denial and must be typed or legibly printed and signed. You may have an attorney, a relative, a friend, or other spokesperson, including yourself, represent you at this hearing.

#### What services are available?

#### **DESCRIPTIONS OF ACQUIRED BRAIN INJURY WAIVER SERVICES**

TARGETED CASE MANAGEMENT: A service that allows case managers to get paid for the time that they spend working with a new applicant or a person on the waiting list. A case manager can assist the individual to get necessary documentation, such as medical records, neuropsychological assessments, etc. to enable DDD to determine eligibility. Case Managers can work with individuals and/or service providers to secure access to services. They can contact individuals or others to ensure a participant is following a prescribed service plan and monitoring the progress and impact of that plan. Case Managers can also help make arrangements for initial appointments for individuals with service providers, informing individuals of services available. They can be an advocate for individuals for the purpose of accessing needed services. Crisis intervention and stabilization are provided in situations requiring immediate attention/resolution. The case manager cannot provide any direct service such as driving you to appointments during Targeted Case Management.

CASE MANAGEMENT: Services that will assist waiver recipients in gaining access to needed waiver and other State Plan services, as well as needed medical, social, educational and other services, regardless of the funding sources for the services to which access is gained. Case managers are responsible for the development of the Individual Plan of Care (IPC) through the Individual Plan of Care Team process, and the ongoing monitoring and documentation of the provision of services included in the individual's plan of care. Case Management is required on a monthly basis for all plans of care with one hour of direct contact at a minimum. Additionally, the case manager shall initiate and oversee the process of assessment and reassessments of the individual's level of care and the review of the plans of care at such intervals as are specified. Monthly contact by the Case Manager shall be made with the participant where the participant lives.

RESIDENTIAL HABILITATION: An individualized array of training, assistance and support services designed to allow individuals to acquire, retain and improve the self-help, socialization and adaptive skills necessary to reside successfully in a community integrated setting such as a group home. An individual must need 24 hour supervision and must meet targeting criteria before this service can be part of the plan of care. Residential Habilitation includes training and/or assistance to address functional deficits in self-help, daily living skills, mobility, learning, communications, survival skills, etc.

DAY HABILITATION: Services that provide assistance with acquisition, retention, or improvement in self-help, socialization, and adaptive skills which take place in a non-residential setting, separate from home or facility in which the participant resides.

SUPPORTED LIVING SERVICES: Services to assist participants to live in their own home, family home, or rental unit. These individuals do not require waiver 24-hour supervision but do require a range of community-based support to maintain their independence. These services can include: assisting with common daily living activities; performing routine household activities to maintain a clean and safe home; assistance with health issues, medications, and medical services; teaching the use of the community's transportation system; teaching the use of police, fire and emergency assistance; managing personal financial affairs; building and maintaining interpersonal relationships; participating in community life; and 24 hour emergency assistance. A Circle of Support needs to be developed for all participants who live independently with monitoring or support and receive supported living services.

SUPPORTED EMPLOYMENT SERVICES: Services provided to assist participants in sustaining paid employment, including supervision and training. Supported employment services furnished under the waiver shall not be available under a program funded by either the Rehabilitation Act of 1973 or Disabilities Education Improvement Act of 2004.

COGNITIVE TRAINING SERVICES: Training for individuals or family members that will assist with the compensation or restoration of cognitive function.

RESPITE CARE: Respite care consists of those services given to persons served unable to care for themselves. Respite is intended to give short-term relief for the primary care giver and is not intended to be used when the primary caregiver is at work. Respite must be episodic, for special events when the caregiver needs relief. It cannot be used for daily scheduled supervision. Respite services shall be limited to 7280 units per year (an average of 35 hours a week) per recipient unless otherwise pre-approved by the Division.

PERSONAL CARE: services may include tasks that need to be accomplished through hands on assistance (actually performing a task for the person) or cuing to prompt the participant to perform a task. Personal care can include Activities of Daily Living (ADLS) and Instrumental Activities of Daily Living (IADLS). ADLS include bathing, dressing, toileting, transferring, positioning, maintaining continence, other hygiene tasks, eating, etc. IADLS include more complex life activities, such as personal hygiene, light housework, laundry, meal preparation, exclusive of cost of meal, transportation, grocery shopping, using the telephone medication and money management. Personal care is a one-to-one service than can be provided to participants needing assistance with the personal care tasks and are *not receiving training to complete the task for themselves*. A Circle of Support will be developed by the participant's team for all participants who live independently with monitoring or support and receive personal care services.

Personal Care services shall be limited to 7280 units per year (an average of 35 hours a week) per recipient unless otherwise pre-approved by the Division.

ENVIRONMENTAL MODIFICATIONS (NEW & Repair): Environmental modifications are those physical adaptations to the home, which are necessary to ensure the health, welfare and safety of the individual, or which enable the individual to function with greater independence in the home, and without which, the recipient would require institutionalization. The environmental modification must have a specific purpose that provides accessibility, welfare, and safety for the waiver recipient. Such adaptations may include:

Installation of ramps
Installation of grab-bars
Widening of doorways
Modification or addition of bathroom facilities to make them accessible
Installation of specialized electrical and plumbing systems to accommodate the
medical equipment and supplies, which are necessary for the welfare of the individual

SKILLED NURSING: Services listed in the individual's plan of care that are *prescribed by a physician*, that are within the scope of the State of Wyoming's Nurse Practice Act may be provided by provider agencies and independent nurses as long as they meet the provider qualifications. The Wyoming Medicaid State Plan requires that skilled nursing services be provided by home health agencies that provide a minimum of two medically necessary services.

SPECIALIZED EQUIPMENT AND SUPPLIES (NEW & REPAIR): Specialized equipment includes devices, controls or appliances specified in the plan of care, which enable recipients to increase their abilities to perform activities of daily living or to perceive, control, or communicate with the environment in which they live. This service also includes items necessary for life support, ancillary supplies and equipment necessary to the proper functioning of such items, and durable and non-durable medical equipment not available under the State Medicaid Plan. In addition, these items reimbursed with waiver funds shall be in addition to any medical equipment and supplies furnished under the State Medicaid Plan. Items purchased with waiver funds shall not be utilized for the purpose of recreational, leisure, entertainment or other purposes. Items purchased with waiver funds are intended to maintain or increase skills necessary to prevent institutionalization.

DIETITIAN SERVICES: Services provided by a registered dietitian include meal planning, consultation with and training for caregivers, and education for the individual served. This service does not include the cost of meals.

OCCUPATIONAL THERAPY: Occupational therapy services are provided by or under the scope of practice of an occupational therapist; and are necessary to keep the individual served in his or her home or out of an institution. Occupational therapy services may include individual therapy and group therapy.

PHYSICAL THERAPY SERVICES: These services include maintenance or restorative physical therapy services prescribed by a physician, are provided by or under the scope of practice of a licensed physical therapist and necessary to keep the individual served in his or her home or out of an institution. Physical therapy services may include individual therapy and group therapy.

SPEECH THERAPY SERVICES: consist of the full range of activities provided by a licensed speech therapist. Services include screening and evaluation of participants with respect to speech function; development of therapeutic treatment plans; direct therapeutic intervention; selection, assistance, and training with augmentative communication devices, and the provision of ongoing therapy. Speech Therapy services through the waiver can be used for maintenance and the prevention of regression of skills. The units must be authorized prior to service and must be prescribed by a physician. Services may be provided as individual therapy and group therapy.

#### **ROLES AND RESPONSIBILITIES**

Below is a summary of the roles and responsibilities for guardians, participants, case managers, and providers. A participant, guardian and provider should review these responsibilities carefully. If there are any questions about them, the local Area Resource Specialist can be contacted.

#### Participants/Guardian Responsibilities

- Assist in providing evidence of the need for services and supports
- Assist in collecting necessary data and documentation, including school records, medical records, and social security information
- Assure that all providers are given necessary medical information, emergency information, contact information, and training
- Choose among providers and services and to have choices respected
- Participate in the program planning process, including participating in the development and review of the plan of care. This includes cooperating with the case manager to schedule IPC meetings at least 30 days in advance of the meeting date.
- Monitor service usage to adequately budget services for the entire plan year.
- Each year, make an appointment with the Department of Family Services to do the annual eligibility review
- Learn about rights and restrictions and be an active participant in any discussion about possible rights restrictions
- Abide by all rules, laws, and expectations of the community
- Take care of personal property and protect it from theft or loss
- Ask any questions about direct responsibilities if information or directions are not understood
- Be available (with the participant at home) for the monthly home visits required by the case manager, canceling in an appropriate amount of time so as not to disrupt service.
- Inform the case manager and/or providers of any concerns or questions, and to give them an opportunity to address any concerns or questions
- Inform case manager of any requested changes in services and follow the Division's transition procedures when changing service providers or moving to another location in the state. This includes scheduling the transition meeting two weeks in advance and allowing one week for the modification to be approved before the services are actually changed or the move takes place
- A guardian of a participant, will provide information to the courts at least twice a year or as required by the courts
- When applicable to review and verify documentation of services provided
- Review the plan of care and make sure it reflects the services and supports that are required and agreed upon
- · Notify the Division of changes in residence, phone, guardianship, custody, etc
- Provide the case manager or providers with information in a timely manner on incidents, medication concerns, behavioral concerns, and other important information
- Assist in developing personalized schedule and training objectives
- Attend DD Division training sessions when ever possible

#### **Case Manager Responsibilities**

- Assist the team in determining which services are priorities
- Support choices and preferences unless doing so is illegal or clearly not in the best interests of the participant
- Provide the participant/guardian with informed choice regarding current service providers, including other case managers
- Assist the team in developing the individualized plan of care that includes the needs, interests, identified risks, and goals of the participant
- Review the plan of care with the participant and team in a manner that is easy to understand
- Work with providers if necessary, to develop a personalized schedule and training objectives.
- Give copies of the individual plan of care to providers in accordance with applicable privacy and confidentiality law and regulation
- Monitor services and billings by providers on the plan of care
- Be available to and at the times and places that are convenient for the participant, and to provide emergency contact information
- Complete a home visit each month, which is required to bill for case management services. The participant must be in the home at the time of the visit.
- Visit other service settings periodically to monitor the services on the plan of care
- Provide the Division and other agencies or providers with information in a timely manner on incidents, medication concerns, behavioral concerns and other important information
- Responsible for knowing and sharing current participant specific information; i.e. change in medications, behavioral changes, etc.
- Responsible for knowing current Division updates and training
- Recognize a possible conflict of interest and address it with the participant and/or guardian. Conflict of interest is defined in this book on page 15 and in the Plan of Care.
- Monitor service usage monthly so the participant can adequately budget services for the entire plan year.

#### **Provider Responsibilities**

- Participate in team meetings and provide pertinent information that allows the team to make the right decisions about services and supports
- Develop schedules and/or training objectives if the service requires such. These schedules and/or training objectives should reflect wants and desires of the participant as listed in the "About Me" section of the plan of care. The case manager and participant/guardian can assist in this.
- Follow the individual plan of care and notify the case manager when there are questions or concerns with the plan
- Provide the participant/guardian and the case manager with information in a timely manner on incidents, medication concerns, behavioral concerns, billing documentation, and other important information
- Use the team process to determine if changes need to be made to services on the plan of care, including changes to medications, behavior plans, meal time plans, identified risks, or any other significant changes that impact the services on the plan of care
- Follow the Division's transition procedure to facilitate transitions prior to accepting participants into services or agreeing to serve them
- Respect the participant's rights and assure that all staff understand and respect the rights of the participant
- Notify the Division of any changes in address, phone or email immediately to alleviate any chance of deactivation or disruption of payment
- Do not provide services until a copy of the pre-approval for the plan of care which includes all appropriate signatures is received
- A copy of monthly documentation must be sent to the appropriate case manager by the 10<sup>th</sup> business day of the calendar month
- Keep accurate records of units, including the number of units used in the plan of care, and notify the case manager if unit usage is changing
- Responsible for knowing current Division updates and training
- Allow case managers to observe and monitor the services on the plan of care by periodically observing the direct delivery of services.
- Assist in developing a personalized schedule and training objectives for the participant

#### **GLOSSARY**

**Acquired Brain Injury:** An injury to the brain that occurs after birth. (Refer to the Wyoming ABI waiver definition under clinical eligibility on page 8).

**Area Resource Specialist (ARS):** These specialists are geographically located throughout the State of Wyoming to provide local contact and support to families and person with developmental disabilities in Wyoming communities.

**Case Manager:** A service provider who helps an eligible person with a developmental disability to identify, select, obtain, coordinate and use both paid services and natural supports which enhance independence, productivity and integration consistent with her or his capacity and preferences.

**Circle of Support:** specific persons an individual can contact for help. These may include family members, friends, neighbors, taxi, bus, advocate, providers, landlord, community members or agencies, or local emergency agencies.

**Conflict of Interest:** specific to the plan of care, a conflict of interest is a situation in which a case manager has competing or conflicting interests or loyalties. Examples include:

- A self-employed case manager also provides other services on that participant's plan of care.
- An organization employs a participant's case manager, and also provides other services on the participant's plan of care.

**Congenital:** Existing at or before birth.

**Department of Family Services:** This state agency processes the financial eligibility when you are applying for Developmental Disabilities waiver programs.

**Eligible:** A person is qualified to gain Home and Community Based Waiver Services.

**Individually Budgeted Amount:** The Developmental Disabilities Division's distribution of funding that may be available to a participant to meet his/her needs.

**Individual Plan of Care (IPC):** A written plan of care for a participant that describes the type and frequency of services to be provided to the participant regardless of the funding source and that identifies the provider or provider types that furnishes the described services.

**Individual Plan of Care (IPC) Team:** A group of persons, selected by the participant, who is knowledgeable about the person and qualified, collectively, to assist in developing an individual plan of care for that person. Membership of the team shall include the participant, the guardian if applicable, the individually-selected service coordinator, providers on the person's individual plan of care, an advocate if applicable and any other person chosen by the participant.

**Inventory for Client and Agency Planning (ICAP):** One instrument used by the Developmental Disabilities Division to help determine eligibility and to determine the needs of the participant, available from Riverside Publishing.

**Psychological Evaluation:** A process that evaluates the mental capabilities of a person.

**Related Condition:** A condition that results in a severe, chronic disability affecting an individual which manifests itself before he or she reaches age twenty-two and that is attributable to cerebral palsy, seizure disorder, or any condition other than mental illness that is closely related to mental retardation and that requires similar services, as determined by a licensed psychologist or physician.

**Services:** Medical, habilitation or other services, equipment, or supplies, appropriate to meet the needs of a participant.

Targeted Case Management: A service that allows case managers to get paid for the time that they spend working with a new applicant and individuals on the waiting list. A case manager can assist the individual to get necessary documentation, such as medical records, psychological assessments, etc. to enable DDD to determine eligibility. Case Managers can work with individuals and/or service providers to secure access to services. They can contact individuals or others to ensure a participant is following a prescribed service plan and monitoring the progress and impact of that plan. Case Managers can also help make arrangements for initial appointments for individuals with service providers, informing individuals of services available. They can be an advocate for individuals for the purpose of accessing needed services. Crisis intervention and stabilization are provided in situations requiring immediate attention/resolution.

**Waiting List:** A list of persons who are eligible for covered services and who have submitted a completed application, but the services are unavailable because of limits imposed by funding for or on the waiver.

Waive: To allow services.

#### **RESOURCES**

Brain Injury Association of Wyoming 111 West 2<sup>nd</sup> Street, Suite 106 Casper, WY 82601 1-800-643-6457

WIND Family Support Network (WFSN) Phone: (800 567-9376 or (307) 632-0839

Fax: (307) 632-0838

Website: http://wind.uwyo.edu./wfsn/

Email: <a href="mailto:carlawfsn@aol.com">carlawfsn@aol.com</a>

The Arc of Wyoming Chapter (Arc) Laramie County: (307) 632-1209 Natrona County: (307) 577-4913 Uinta/Lincoln County: (307) 789-7679 Sheridan County: (307) 672-8665 Lander/Riverton: (307) 335-8801

The Assistive Technology Resource Center Phone: (800) 861-4312 or (307) 766-2084

Fax: (307) 721-2084

Department of Family Services
Available in each county
Can use the phone book for local listings
Or access the website at <a href="http://dfsweb.state.wy.us/index.html">http://dfsweb.state.wy.us/index.html</a>
Local phone numbers and contact information are listed under Districts

Governor's Planning Council on Developmental Disabilities

Phone: (800) 438-5191 or (307) 777-7230

Fax: (307) 777-5960

Website: http://ddcouncil.state.wy.us

Protection and Advocacy Systems, Inc. (P&A)

Phone: (307) 632-3496

1-800-624-6748

Website: <a href="http://wypanda.vcn.com">http://wypanda.vcn.com</a>

Wyoming Guardianship Corporation (WGC)

Phone: (307) 635-8422 Fax: (307) 635-0776

Representative Payee: (307) 638-7097

Social Security Administration (SSA) 5353 Yellowstone Road, Room 210

Cheyenne, WY 82009

Phone: (307) 772-2135 Voice Phone: (307) 772-1213 National Phone: (307) 362-4634 Rock Springs

Web site: www.ssa.gov

Vocational Rehabilitation Division (DVR)

122 West 25<sup>th</sup> Street

Herschler Building, First Floor East

Cheyenne, WY 82002 Phone: (307) 777-7386 Fax: (307) 777-5939

Wyoming Services for Independent Living (WSIL)

190 Custer Street Lander, WY 82520

Phone: (307) 332-4889 or (800) 266-3061

Fax: (307) 332-2491

Wyoming Independent Living Rehabilitation, Inc. (WILR)

305 West 1<sup>st</sup> Street Casper, WY 82601

Voice/TDD: (307) 266-6956 or (800) 735-8322

Fax: (307) 266-6957

Wyoming Independent Living Rehabilitation, Inc. (WILR)

1616 E 11<sup>th</sup> Street Cheyenne, WY 82009 (307) 637-5127

Visually Impaired Program (VIP) Hathaway Building; Room 129

Cheyenne, WY 82002 Phone: (307) 777-6257

Email: golson@educ.state.wy.us

Department of Health, Substance Abuse Division

6101 Yellowstone Road; Suite 220

Cheyenne, WY 82002

Phone: (307) 777-6494 or (800) 535-4006

Fax: (307) 777-7006

Website: http://wdh.state.wy.us

Department of Health, Aging Division 6101 Yellowstone Road; Suite 259 B North Building Cheyenne, WY 82002

Phone: (307) 777-7995 Fax: (307) 777-5340

Website: <a href="http://wdh.state.wy.us">http://wdh.state.wy.us</a>

Department of Health, Mental Health Division 6101 Yellowstone Road; Suite 220 Cheyenne, WY 82002

Phone: (307) 777-7094 Fax: (307) 777-5580

Website: http://wdh.state.wy.us

Veterans Affairs Commission 5905 CY Avenue Casper, WY 82604

Phone: (307) 265-7372 or (800) 833-5987

Fax: (307) 265-7392

National website: <a href="http://www.va.gov">http://www.va.gov</a>

Shoshone & Arapaho Social Service

Wind River Indian Agency Fort Washakie, WY 82514 Phone: (307) 332-4586

#### <u>NOTES</u>